



# Recruitment Weekend Guide

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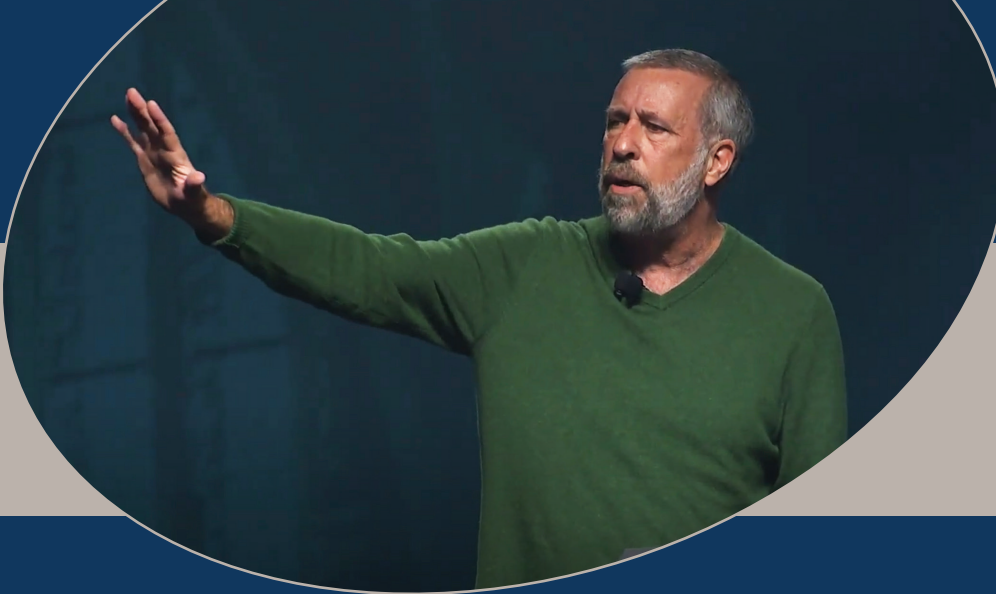
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# A letter from our founder.

Welcome to FOCUS Recruitment Weekend! It is good that you are here. Years ago, when I made the radical decision to say 'yes' to Christ, it transformed my life in ways I could have never imagined. This single 'yes' set me on an incredible adventure ever since. The Lord has taken what little I have to give and generously used it for His Kingdom. I know that the Lord is also calling you to a life-changing adventure, if only you can be radically open and available to Him. I am praying for you in this journey of discernment, that you too will be able to say 'yes' to whatever God asks. In return, He promises you a life that is filled with grace and holiness. May God bless you abundantly in your pursuit of His Will, both during this weekend and beyond.

Go set the world on fire!

**Curtis A. Martin**, *Founder & CEO*



# The Lord is calling you.


Welcome to your Recruitment Weekend! We're so glad you're here. This booklet is designed to be a companion through your Recruitment Weekend Experience. Feel free to take a look ahead to help you prepare. We encourage you to take notes and write down your thoughts and questions along the way!

WE HAVE ONLY THIS LIFE TO LIVE BY FAITH.  
WE HAVE ONLY THIS LIFE TO LIVE BY FAITH.

**Friday**

**We're so  
glad you're  
here!**





# God knows you and calls you by name.

God has created you to do Him some definite service...You have a part in this great work; you are a link in a chain, a bond of connection between persons.

- *Saint John Henry Newman*

# Talk. Welcome

You are here for a reason. The Lord has moved in your life, in and through others, in such a way that has led you here. We invite you to open your heart and truly enter in. We are confident God has something meaningful in store for you this weekend, so be present and rest in His peace. Let's see what the Lord has in store!

## **Question 01**

What are you most looking forward to about this weekend? Do you come with peace, fears or questions?

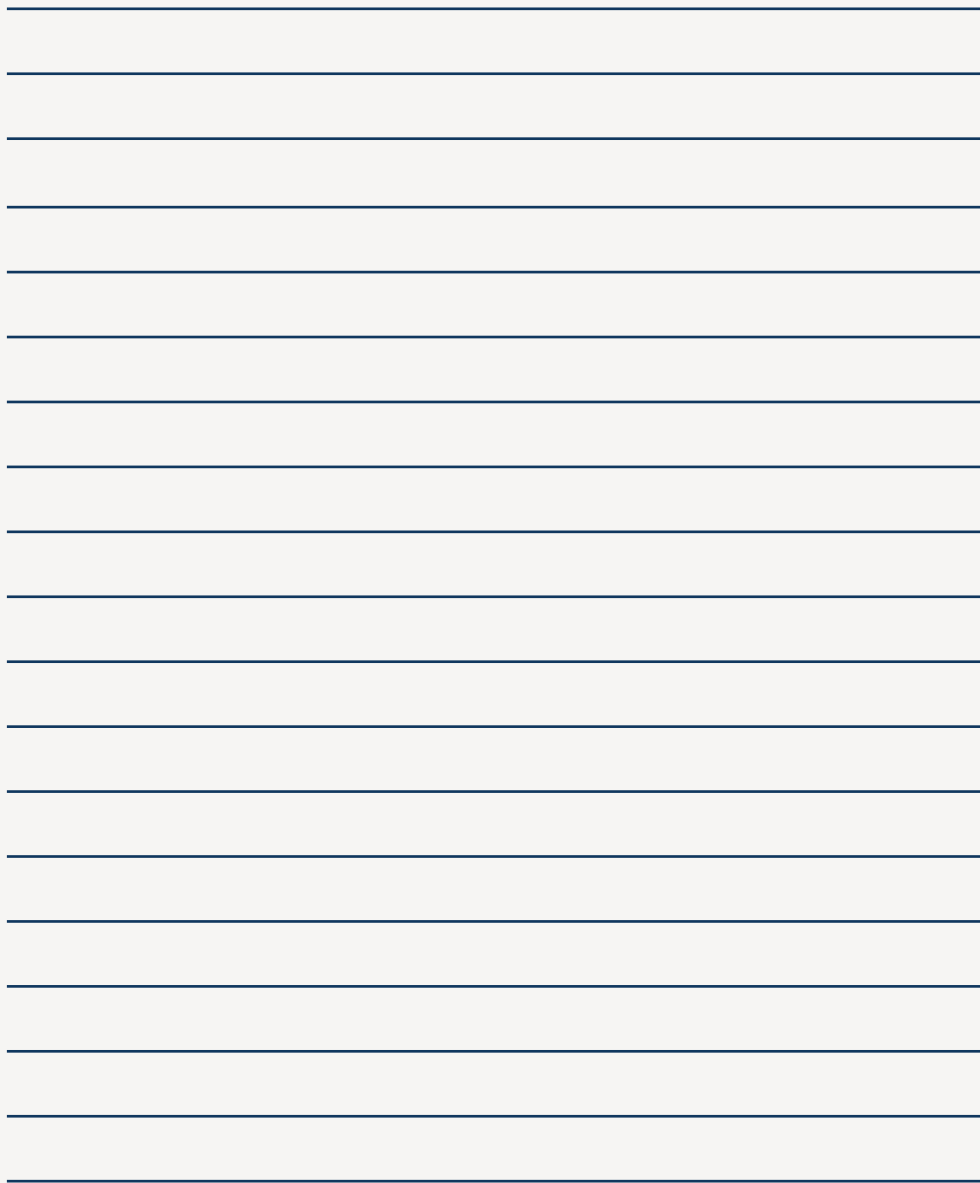
## **Question 02**

Who is someone that has been instrumental in your faith story? Take a moment to thank and praise God for this person.

## **Question 03**

What is God inviting you into this weekend?





**Talk.**

# Why Am I Here?

You are part of a story that transcends time and space. Salvation History reveals a profound love story and a grand adventure, illustrating God's relentless pursuit of humanity. The story of your life is intricately woven into this divine narrative. You have been chosen and called by God to play an integral role in His grand plan of Salvation: first, for your own soul, and then for countless others.

## **Question 01**

How has the Story of Salvation History played out in your own life?

## **Question 02**

Consider the reality that God has invited you to participate in his plan for Salvation. He has a specific role for you - what do you think about this?





# Adoration

## Purpose Meditation

During this prayer period, you will meditate upon your purpose in life. We will best discern God's Will when we are clear about our goal. Each of us has been created by God; therefore, we share a divine calling in the world. Meditate upon what Sacred Scripture says regarding the purpose of human life. The following instructions will help you enter into prayer more effectively.

### 01

Take a moment to imagine God the Father looking down upon you as you begin this prayer. Call to mind the Father's approval that you are willing to give Him this time in prayer.

### 02

Say a short prayer asking for the grace of the Holy Spirit that all your thoughts and intentions may be directed to God's greater glory. Ask for the grace that you might be given insight into the purpose He has placed within your heart.

### 03

Now take time to meditate upon these passages, not feeling the need to get through every passage, but stopping where a line or image moves your heart. As something strikes your heart, allow it to become a moment to dialogue with God, turning your inspirations into a prayer.

## Purpose Meditation

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, even as he chose us in him before the foundation of the world, that we should be holy and blameless before him. He destined us in love to be his sons through Jesus Christ, according to the purpose of his will, to the praise of his glorious grace which he freely bestowed on us in the Beloved.

*Eph 1:3-6*

## A Spirit of Power and Love and Self-Control

Hence, I remind you to rekindle the gift of God that is within you through the laying on of my hands; for God did not give us a spirit of timidity but a spirit of power and love and self-control. Do not be ashamed then of testifying to our Lord, nor of me his prisoner, but share in suffering for the gospel in the power of God, who saved us and called us with a holy calling.

*2 Tm 1:6-9a*



**04**

Take time in silence to allow God to speak to you through the words you have received. How do you understand God's purpose for your life?

**05**

End with an Our Father and then write down the ideas, images, and internal movements that stuck out to you during prayer.

REKINDLE THE GIFT OF GOD



Be still,  
know  
that I am  
Lord.




**Saturday**

**Interview day,  
you got this!**

**Review your prep sheets, take a  
deep breath, and be yourself!**





# We're all on mission together.

Do not conform yourselves to this age but be transformed by the renewal of your mind, that you may discern what is the will of God, what is good and pleasing and perfect.

*Romans 12:2 NABRE*

# Holy Hour

## Trust Meditation

This meditation asks you to focus upon your trust in God.

### 01

Begin by calling to mind how the Father looks down upon you praying with favor. Enter into prayer with a “taste for victory,” knowing that the Holy Spirit prays within you.

### 02

Ask for the grace of the Holy Spirit that all your thoughts be directed to the glory of God.

### 03

Ask for the specific grace of growing in your trust of Jesus.

### 04

Pray through the following:

#### My Plan for You

I know the plans I have in mind for you—thus says the Lord—plans for peace, not disaster, reserving a future full of hope for you. Then when you call to me, and come to plead with me, I will listen to you. When you seek me you shall find me, when you seek me with all your heart; I will let you find me.

*Jer 29:11-14*

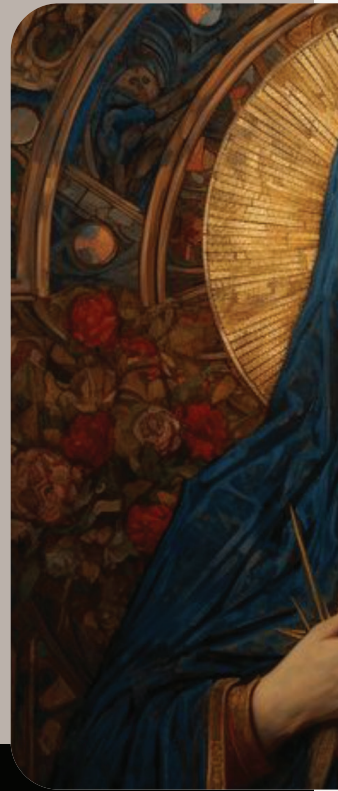
#### All Works for the Good

We know that in everything God works for good with those who love him, who are called according to his purpose. For those whom he knew he also predestined to be conformed to the image of his Son, and those whom he predestined he also called; and those whom he called he also justified; and those whom he justified he also glorified. What then shall we say to this? If God is for us, who is against us?

*Rom 8:28-31*

#### Seek First God's Kingdom

And Jesus said to his disciples, “Therefore I tell you, do not be anxious about your life, what you shall eat, nor about your body, what you shall put on. For life is more than food, and the body more than clothing. Consider the ravens: they neither sow nor reap, they have neither storehouse nor barn, and yet God feeds them. Of how much more value are you





**Lk 12:22-31**

End your prayer with an Our Father and write down any movements that occurred within you during prayer.

**Talk.**

# Why FOCUS?

Jesus said, “Go and make disciples of all nations” (Mtt 28:19). At FOCUS, we respond to this Great Commission through our Win, Build, Send model, with the formation of each missionary as our top priority. Who you become is far more important than what you do—because when you become who you are called to be in Jesus Christ, you will set the world on fire!

## **01**

What strikes you about the particular way FOCUS has set out to respond to Christ’s commission to “make disciples of all nations”?

## **02**

What kind of transformation—personal, spiritual, relational, intellectual, or professional—do you believe the Lord could bring into your life through FOCUS?



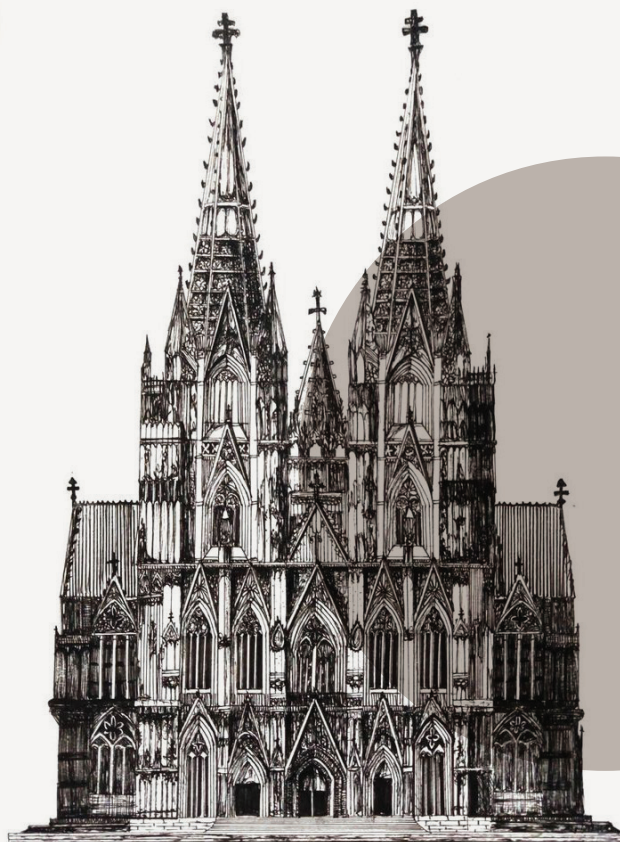


# FAQ Panel

**It's time to bring your questions to our FAQ Panel. We'll dive into some of the most common topics as well as ask what's on your mind!**

We encourage you to continue seeking answers and discussing your thoughts. Let's make a plan for this week:

- When will I set aside time for daily prayer?
- What are my options for Spiritual Direction, and when will I schedule it?
- When will I meet with my missionary?
- Is there anyone else I want to seek wise counsel from, and when will I reach out to them?



**“The world offers you  
comfort, but you were  
not made for comfort.  
You were made for  
greatness”**

*Pope Benedict XVI*

# My Questions

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# My Takeaways

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To learn more about what we discussed today, please visit us online.



**Talk.**

# Discernment

“Discernment” is the process by which we distinguish between what will lead us most effectively toward God and what will delay that journey. All of us desire clarity. However, we can make clarity into a false idol, wanting to be absolutely certain before we make a decision. God does not always grant perfect clarity but, as Christians, we have the assurance of living in God’s support and encouragement. Therefore, we ask for the guidance of the Holy Spirit to direct us down the path where Christ awaits us.

## **Question 01**

Do I believe that God the Father looks upon me with favor as I enter into prayer? Ask for the grace to approach the Father in confidence.

## **Question 02**

Are there ways that I struggle to trust in God’s plan for my life? Are there any earthly attachments that might be clouding my decision-making?

## **Question 03**

What would it look like to have peace moving forward? What grace can I ask God for?





# Saturday Night Fun !

You've made it through a long day, congrats! Now, it's time to relax and enjoy some dinner and fun. Tonight, we encourage you to take advantage of this time with current FOCUS missionaries.

## **Question 01**

What obstacles did you face along the way?

## **Question 02**

Did you face any obstacles?

## **Question 03**

What are your greatest challenges and greatest joys now?



SATURDAY NIGHT FUN  
SATURDAY NIGHT FUN



**Sunday**

# Holy Hour

“those who with God’s help have welcomed Christ’s call and freely responded to it are urged on by love of Christ to proclaim the Good News everywhere in the world.”

CCC 3





## **Making a Decision in Peace**

God gave us the use of reason so that we can make informed judgements regarding our lives. We do not and should not have to wait for a lightning bolt from the sky in order to make every decision. With this in mind, read through the following two methods of making a decision given by St. Ignatius of Loyola, and choose whichever seems most in line with your personality. Enter into this prayer time with peace and confidence in God's direction.

### **Reasoning through Advantages and Disadvantages**

1. Imagine God the Father looking down upon you with favor as you enter into prayer.
2. Say a short prayer asking for the grace of the Holy Spirit to help direct your thoughts.
3. Call to mind the purpose for which you were created, namely, to praise, reverence and serve God our Lord and therefore to save your soul. Recall any insights or graces from the earlier prayer period on Purpose.
4. Call to mind any attachments that cloud your decisions. What are the worldly goods that cloud your vision from seeing God clearly? Ask for grace to see through these distractions and focus upon God clearly.
5. Beg God to move your will and put into your mind what you ought to do. Beg that you may reason well and faithfully, and choose what is most according to His Holy Will.
6. For each of the options available for you to choose, make a list of the advantages and disadvantages of each, evaluating each according to what will help you achieve the purpose for which you were created.
7. Having assembled a list, see which one produces a greater movement within your intellect, not paying as much heed to the movements of your immediate emotions.
8. When a preliminary decision has been made, offer it to the Lord to see whether God will receive that decision and find it acceptable.
9. End with an Our Father, writing down any major movements that happened within you.

**Talk.**

# Where Do I Go From Here?

You have come here seeking God's call in your life, with gratitude for those who have invested in you. When we look to the world, we hear Christ's words, "The harvest is plentiful, but the laborers are few; pray therefore the Lord of the harvest to send out laborers into his harvest" (Mtt 9:37-38 NABRE). How will you respond to this call?

## **Question 01**

What convictions has the Holy Spirit stirred up in your heart this weekend?

## **Question 02**

As you return, what fears or concerns are present that might conflict with those convictions?

## **Question 03**

What Truths from Scripture can speak into and overcome these fears?





# Moving Forward

Thank you for coming this weekend! It has been a joy to get to walk with you. We hope your time has allowed you to enter deeper into a relationship with Jesus as you discern His Will for your life. Know that we are praying for you in your discernment, and remember to stay close to Christ in these upcoming weeks. Look back on anything that stood out to you over the weekend, seek counsel from a spiritual director, talk with your missionaries, and above all, trust that the Lord has a plan for greatness in your life.

“Be who God meant you to be and  
you will set the world on fire.”

- *St. Catherine of Siena*





# Additional Notes

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